

## What is foraging and why is it important for my pet?



Quite simply, foraging is the act of searching for or playing for food.

Our pets are intelligent creatures that need to be kept active and stimulated. Walks, family playtime and chew toys are important, foraging however, also needs to play a big part in your pets' day.

Creating foraging opportunities at home can help to keep your pet fit, occupied and is good for mental development as well as preventing those unwanted behavioural problems. It can also slow down 'speed eaters' and help to manage hunger and weight.



Foraging is easy to implement and it's never too late to start, no matter the age or size of your animal, there's something to cater for all and I'm here to help!

Take a look at my YouTube channel to see all kinds of animals using their foraging toys to get their food.

YouTube Channel [www.youtube.com/AnimalEnrichmentAustralia](https://www.youtube.com/AnimalEnrichmentAustralia)

Website [www.animalenrichmentaustralia.com](http://www.animalenrichmentaustralia.com)

